

Provisorischer Zeitplan SVM Nachwuchs U18 - U12

Sonntag, 07 September 2025

Zeit	Läufe		Sprünge		Würfe		Zeit
11:00	80mH76	U16W			Speer (700g)	U18M	11:00
11:10	100mH76	U18W					11:10
11:20	100mH84	U16M					11:20
11:30	110mH91	U18M			Kugel	U16W	11:30
11:40	5xfrei	U14W					11:40
11:45	5xfrei	U14M-Mix					11:45
11:50	5x80m	U16W					11:50
11:55	5x80m	U16M					11:55
12:00	4x100m	U18W	Weit 1/2 (Zone)	U14M-Mix	Kugel	U14W	12:00
12:05	4x100m	U18M			Speer (500g)	U18W	12:05
12:15	100m Rollstuhl		Hoch 1 / 2	U18W/U16W			12:15
12:20							12:20
12:30	6xfrei	U12M-Mix			Kugel	U16M	12:30
12:40	6xfrei	U12W					12:40
12:45							12:45
12:50					Ball (200g)	U12M-Mix	12:50
13:05	100m	U18M					13:05
13:15	100m	U18W	Weit 1/2 (Zone)	U12W			13:15
13:30	Rollstuhl						13:30
13:45					Kugel (5kg)	U18M	13:45
14:00	80m	U16W/M					14:00
14:10	60m	U14M-Mix	Weit 3/4	U18M/U16M	Speer (400g)	U16W	14:10
14:20	60m	U14W					14:20
14:30	60m	U12M-Mix					14:30
14:50	60m	U12W	Hoch 1/2	U14W	Kugel	U14M-Mix	14:50
15:05							15:05
15:10					Speer (600g)	U16M	15:10
15:20			Weit 1/2 (Zone)	U12M-Mix	Ball (200g)	U12W	15:20
15:25	400m	U18W					15:25
15:35	400m	U18M	Weit 3/4	U18W/U16W			15:35
15:40					Kugel	U18W	15:40
15:50	1500m	U18W					15:50
16:00	1500m	U18M					16:00
16:15	1000m	U16W					16:15
16:25	1000m	U16M	Hoch 1/2	U18M/U16M			16:25
16:40	1000m	U14M-Mix					16:40
16:55	1000m	U14W					16:55
17:10	1000m	U12W					17:10
17:25	1000m	U12M-Mix					17:25